



Athlete		Miles	Race	Time	Points
Eleanor Smith	F				38
	05/05/2026	5.00	Lytham Interclub	00:41:32	38
Clare Coley-Maud	F35				165
	05/05/2026	5.00	Lytham Interclub	00:32:59	90
	23/06/2026	5.00	Thornton Inter Club	00:35:30	75
Gillian Anderson	F35				85
	14/05/2026	5.00	Spring Farm Yard Five	00:38:56	54
	23/06/2026	5.00	Thornton Inter Club	00:42:49	31
Leanne Nield	F35				260
	24/07/2026	3.11	Power of 5k (July)	00:19:45	93
	05/05/2026	5.00	Lytham Interclub	00:33:29	87
	23/06/2026	5.00	Thornton Inter Club	00:34:40	80
Liz Canavan	F35				12
	05/05/2026	5.00	Lytham Interclub	00:45:56	12
Angela Parkins-Green	F40				0
	23/06/2026	5.00	Thornton Inter Club	00:49:55	0
Cass Chisholm	F40				150
	05/05/2026	5.00	Lytham Interclub	00:34:15	82
	20/06/2026	13.10	Midnight Sun Half	01:41:16	68
Gill Draper	F40				260
	20/05/2026	3.11	Preston fast Five (May)	00:20:08	89
	22/04/2026	3.11	Preston Fast 5 (April)	00:20:49	83
	05/05/2026	5.00	Lytham Interclub	00:33:13	88

Athlete		Miles	Race	Time	Points
Jayne Kirkham	F40				36
	23/06/2026	5.00	Thornton Inter Club	00:41:52	36
Clare Taylor	F45				120
	05/05/2026	5.00	Lytham Interclub	00:37:01	65
	23/06/2026	5.00	Thornton Inter Club	00:38:45	55
Ginny Hester-See	F45				0
	14/05/2026	5.00	Spring Farm Yard Five	00:49:30	0
Luisa Haylett	F45				102
	05/05/2026	5.00	Lytham Interclub	00:38:38	56
	23/06/2026	5.00	Thornton Inter Club	00:40:15	46
Catherine Carrdus	F50			Qualified	440
	17/06/2026	3.11	Preston Fast 5 (June)	00:19:33	95
	20/05/2026	3.11	Preston fast Five (May)	00:19:55	91
	05/05/2026	5.00	Lytham Interclub	00:32:41	91
	14/06/2026	6.21	Colshaw Hall 10k	00:40:55	92
	21/06/2026	13.10	Freckleton Half	01:39:55	71
Kirsten Burnett	F50				2
	03/05/2026	3.11	Morecambe 5k	00:29:10	2
Mel Koth	F50				114
	05/05/2026	5.00	Lytham Interclub	00:36:49	67
	23/06/2026	5.00	Thornton Inter Club	00:40:07	47
Xavia Cooper	F50				37
	20/06/2026	13.10	Midnight Sun Half	01:54:36	37
Jo Goorney	F55				69
	23/06/2026	5.00	Thornton Inter Club	00:36:22	69

Athlete		Miles	Race	Time	Points
Julia Rolfe	F60				12
	23/06/2026	5.00	Thornton Inter Club	00:45:57	12
Kathy Gaunt	F60				54
	14/05/2026	5.00	Spring Farm Yard Five	00:38:55	54
Sue Hawitt	F60				60
	14/05/2026	5.00	Spring Farm Yard Five	00:42:42	31
	17/05/2026	6.21	3-1-5 Birthday 10k	00:54:02	29
Barbara Holmes	F65			Qualified	285
	22/04/2026	3.11	Preston Fast 5 (April)	00:22:48	63
	17/06/2026	3.11	Preston Fast 5 (June)	00:22:56	62
	05/05/2026	5.00	Lytham Interclub	00:38:27	57
	23/06/2026	5.00	Thornton Inter Club	00:38:41	55
	26/04/2026	13.10	Blackpool Festival Of Running Half	01:50:05	48
Pam Hardman	F65				91
	23/06/2026	5.00	Thornton Inter Club	00:41:48	37
	17/05/2026	6.21	3-1-5 Birthday 10k	00:50:28	46
	21/06/2026	13.10	Freckleton Half	02:07:18	8
Alistair Cave	M				332
	22/04/2026	3.11	Preston Fast 5 (April)	00:20:19	87
	05/05/2026	5.00	Lytham Interclub	00:33:34	86
	23/06/2026	5.00	Thornton Inter Club	00:34:49	79
	27/05/2026	6.21	Wesham Summer 10k	00:43:27	80
Chris Cottam	M				143
	24/07/2026	3.11	Power of 5k (July)	00:20:57	81
	23/06/2026	5.00	Thornton Inter Club	00:37:39	62

Athlete		Miles	Race	Time	Points
Dominic Read-Garrett	M				103
	05/05/2026	5.00	Lytham Interclub	00:30:44	103
Jack Atkin	M				185
	05/05/2026	5.00	Lytham Interclub	00:31:31	98
	23/06/2026	5.00	Thornton Inter Club	00:33:26	87
Jake Rodwell	M				253
	15/05/2026	3.11	Power of 5k (May)	00:15:59	129
	05/05/2026	5.00	Lytham Interclub	00:27:19	124
James Crabtree	M				76
	05/05/2026	5.00	Lytham Interclub	00:35:15	76
James Whittle	M				467
	20/05/2026	3.11	Preston fast Five (May)	00:17:11	118
	22/04/2026	3.11	Preston Fast 5 (April)	00:17:14	117
	14/05/2026	5.00	Spring Farm Yard Five	00:28:38	116
	05/05/2026	5.00	Lytham Interclub	00:28:36	116
Joe Greenwood	M				269
	23/06/2026	5.00	Thornton Inter Club	00:31:49	97
	05/05/2026	5.00	Lytham Interclub	00:33:03	89
	21/06/2026	13.10	Freckleton Half	01:34:45	83
Joe Holt	M				130
	14/05/2026	5.00	Spring Farm Yard Five	00:37:38	62
	05/05/2026	5.00	Lytham Interclub	00:38:01	59
	21/06/2026	13.10	Freckleton Half	02:07:03	9
Matthew Edwards	M				171
	05/05/2026	5.00	Lytham Interclub	00:33:04	89
	23/06/2026	5.00	Thornton Inter Club	00:34:18	82

Athlete		Miles	Race	Time	Points
Matthias Lindorfer	M				236
	17/06/2026	3.11	Preston Fast 5 (June)	00:16:53	121
	05/05/2026	5.00	Lytham Interclub	00:28:43	115
Mike Toft	M				391
	05/05/2026	5.00	Lytham Interclub	00:25:47	133
	23/06/2026	5.00	Thornton Inter Club	00:26:37	128
	09/08/2026	13.10	Windmill Half	01:13:56	130
Nathan Allcock	M				99
	05/05/2026	5.00	Lytham Interclub	00:31:29	99
Ross McKelvie	M				128
	05/05/2026	5.00	Lytham Interclub	00:26:36	128
Simon Nield	M				291
	24/07/2026	3.11	Power of 5k (July)	00:18:49	102
	05/05/2026	5.00	Lytham Interclub	00:31:48	97
	23/06/2026	5.00	Thornton Inter Club	00:32:33	92
Andrew Coley-Maud	M40				245
	05/05/2026	5.00	Lytham Interclub	00:26:11	130
	23/06/2026	5.00	Thornton Inter Club	00:28:42	115
Steven Pepper	M40			Qualified	443
	24/07/2026	3.11	Power of 5k (July)	00:19:18	97
	05/05/2026	5.00	Lytham Interclub	00:31:27	99
	14/05/2026	5.00	Spring Farm Yard Five	00:32:07	95
	19/04/2026	6.21	Lancaster Three Bridges	00:42:12	86
	21/06/2026	13.10	Freckleton Half	01:42:00	66

Athlete		Miles	Race	Time	Points
Dom Kirby	M45				177
	05/05/2026	5.00	Lytham Interclub	00:32:31	92
	23/06/2026	5.00	Thornton Inter Club	00:33:49	85
Dan Gregson	M50				135
	14/05/2026	5.00	Spring Farm Yard Five	00:39:09	53
	27/05/2026	6.21	Wesham Summer 10k	00:50:17	47
	10/05/2026	6.21	Blackstick Blue	00:52:38	35
Greg Ashworth	M50				23
	14/05/2026	5.00	Spring Farm Yard Five	00:46:09	11
	23/06/2026	5.00	Thornton Inter Club	00:53:39	0
	16/08/2026	6.21	Oulton Park 10k	00:57:35	12
	21/06/2026	13.10	Freckleton Half	02:25:53	0
Peter Reid	M55				39
	12/07/2026	3.11	Carnival 5k	00:27:16	20
	05/05/2026	5.00	Lytham Interclub	00:44:48	19
Stephen Rodwell	M60				253
	05/05/2026	5.00	Lytham Interclub	00:36:14	70
	14/05/2026	5.00	Spring Farm Yard Five	00:36:25	69
	19/04/2026	6.21	Lancaster Three Bridges	00:47:20	61
	21/06/2026	13.10	Freckleton Half	01:47:49	53
Stephen Wise	M60				29
	10/05/2026	6.21	Blackstick Blue	00:53:55	29

Athlete		Miles	Race	Time	Points
John Bertenshaw	M65			Qualified	249
	20/05/2026	3.11	Preston fast Five (May)	00:23:20	58
	17/06/2026	3.11	Preston Fast 5 (June)	00:23:33	56
	05/05/2026	5.00	Lytham Interclub	00:39:08	53
	14/06/2026	6.21	Colshaw Hall 10k	00:48:37	55
	21/06/2026	13.10	Freckleton Half	01:59:11	27
Michael Kettle	M65				67
	05/05/2026	5.00	Lytham Interclub	00:36:46	67
Peter Thomson	M65				0
	23/06/2026	5.00	Thornton Inter Club	00:52:49	0
Bob Clough	M70				0
	26/04/2026	6.21	Blackpool Festival Of Running (10k)	01:10:07	0
Graham Webster	M70				119
	12/07/2026	3.11	Carnival 5k	00:23:20	58
	05/05/2026	5.00	Lytham Interclub	00:37:45	61